

SYNC MEMBERSHIP STARTUP	BE HEALTHY	LIVE HEALTHY
<b>*One Time Fee upon Registration Includes:</b>	<b>\$20</b>	<b>\$395</b>
-- Personal Sync Health Passport Account Setup (App & Portal)	✓	✓
-- Medical Records Retrieval (Populated into Sync Health Passport)	✓	✓
-- Medical, Lifestyle, Health Risk Questionnaire	✓	✓
-- Expanded Sync Specific Bloodtest Panel	\$150/person (Optional)	✓
-- Food Sensitivity Testing (Optional)**	\$165-\$335	\$165-\$335
-- Personal Sync Health Risk Score	Limited	✓
-- Wellness Technology Selection/Advice/Setup (i.e. FitBit, MyFitnessPal, etc.)	--	✓
-- Sync Care Team Review & Assessment	--	✓
-- Annual Sync HealthStyle Care Plan	--	✓
-- Health Review Session (Virtual or in person @ Sync Care Center)	✓	✓
MONTHLY MEMBERSHIP	BE HEALTHY	LIVE HEALTHY
<b>*Annual Term Billed Monthly Includes:</b>	<b>\$20/Month</b>	<b>\$95/Month</b>
-- Sync Health Passport Account Usage (App & Portal)	✓	✓
-- Personal Sync Care Coach/Guide	✓	✓
-- OnGoing Health Care Advice, Guidance & Coordination	✓	✓
-- Access to Sync Virtual Visits (Special Direct to Member Prices or Billed to Insurance)	✓	✓
-- Access to In Person Visits @ Sync Care Center(s) (Special Direct to Member Prices or Billed to Insurance)	✓	✓
-- Special Sync Direct to Member Prices within Sync Preferred Network (Specialty Care, Urgent Care, etc.)	✓	✓
-- Virtual Checkins with Sync Care Team (i.e. NP, nurse, dietitian, etc.)	2/year	As needed
-- OnGoing LifeStyle Guidance & Coaching (Nutrition, Exercise, Stress, Sleep)	\$50/session (Optional)	✓
-- OnGoing Wellness Technology Review, Monitoring, and Guidance (Wearables, devices, apps, etc.)	--	✓
-- OnGoing Sync HealthStyle Review & Update (Medical, Nutrition, Exercise, Stress, Sleep)	--	✓
-- ProActive Outreach for Medical Screenings, etc. (i.e. mammogram, colorectal, etc.)	--	✓
NETWORK & CASH PAY MEDICAL SERVICES***	BE HEALTHY	LIVE HEALTHY
-- Virtual Visit (sick visit)	\$40	\$35
-- In Person Sick Visit @ Sync Care Center	\$80	\$75
-- Echo	\$190	\$150
-- Flu Test	\$30	\$20
-- Steroid Injection	\$50	\$40
-- Bunion Removal (Example) (Through Sync Network Preferred Podiatrist)	\$95	\$75
-- Sleep Studies & Equipment (VieMed??)	?	?
-- Other Services (ex: cardio MRI)	TBD	TBD

\* Discounts available for immediate family members & Year 2 and beyond for Full Membership

\* Discounts available for Employer Endorsement (let us pitch to their employees) & Employer Sponsorship (employer pays for membership)

\*\* Prices vary based on type of test and number of foods/chemicals tested

\*\*\* Sync Be & Get Healthy Memberships are NOT health insurance plans, but we accept most major commercial insurance plans. The prices listed are for non-covered services or when paying cash is more economical than using insurance (i.e. high deductible or max out -of-pocket plans)